



### **PATIENT TESTIMONIAL:**

*"I have already lost ninety pounds! I started May, 2007, and today, I am much lighter and healthier! The weight is still melting off with ease. Dr. Jabaly has truly saved me. His weight loss program is much different than any other diet I have ever been on. You don't feel pressure whatsoever. Normally, other diets were very demanding and strict. Dr. Jabaly informed me that I can eat anything I want in moderation, and taught me the essentials on how to go about doing just that. I decided to make the change for me, not for anybody else. I wanted to benefit my self. I was trying so hard before, and nothing was working. But Dr. Jabaly said I want to help you lose the weight, so I decided to do it to help my self. This time, it was not hard at all. I would come in and he would keep me updated with my progress and would encourage me to keep going. I have more strength to get up and I feel much more confident and better about myself—both physically and mentally. I thank god for him. Dr. Jabaly is truly an angel sent to help me!"*

-Mayia Oko  
9/16/08