

NEEDLELESS ACUPUNCTURE **ALTERNATIVE MEDICINE**

BY: JEHAN YOUNES

Do you suffer from severe aches and pains in your knees, back, shoulders, neck, etc [...]? Have you tried everything from over the counter pain killers, prescriptions medications, chiropractors and more? Do you feel like the pain is still there, or getting worse rather than slowly diminishing away? If so, Dr. Jabaly offers needle less acupuncture at the MN Angels Clinic, also known as acupressure.

Needle less acupuncture is painless. Rather than inserting needles into certain points in the body, Dr. Jabaly practices this new method, doing away with any risk of infection without the invasive procedure. It is a wonderful mean of treatment, and allows the body to restore its correct circulation.

Needle less acupuncture is a method of curing, and the doctor presses certain meridian points of the body with his/her thumbs or fingers. Not only is the pain relieved in the body, but acupressure also heals many serious illnesses and diseases. The human body has fourteen meridians. These allow for energy to be distributed accordingly throughout the human body. They start at the fingertips and go through the brain and reach the organ attached with the meridian.

Oriental medicine and acupressure science work hand in hand, and deal with the body and the soul. The patients' body and soul energy reach equilibrium, allowing them to feel complete harmony. Acupressure copes with diseases and other issues, such as:

- Stress
- Depression
- Relaxing the mind and body
- Improving the circulation of blood throughout the body
 - Cleansing the body from any toxins
 - Pain relief